

Questions on Psychomotricity Regulation

In Catalonia there's no regulation on it, it is often a postgraduate degree with open access to different professionals such as PT's, psychologists and educators.

We want to know whether there is a country in which psychomotricity is a regulated profession (health related or not) or if it's common that the PT or any other professionals develops these competencies.

Thank you for your question. We first queried the INPTRA board of directors for their perspective; the directors from Australia, Canada and the United States had not heard of this area as a profession; none regulate it.

Information about Psychomotricity in Europe can be found on the European Forum of Psychomotricity website, <http://psychomot.org>. EFP has 15 members: Albania, Austria, Belgium, Czech Republic, Denmark, Finland, France, Germany, Italy, Luxembourg, Netherlands, Portugal, Spain, Sweden, and Switzerland.

The website uses the term "recognized by the government" rather than "regulated." Each member has specific information about the situation of the profession, education, practice and legislation. They few we looked at didn't have any regulation for practice.

Finally, we asked for input from the US organization that reviews educational credentials for internationally-educated physiotherapists who want to work in the United States as physical therapists. This is their response:

A single Psychomotricity course shows up occasionally in the PT curriculum, usually from Romania or other east European countries, during our credential evaluations. We usually place it either in Educational Techniques, Neurology or Pediatrics since the course descriptions usually focus on the mind/body connection in learning movement.