

# HEALTH CARE IN KENYA



**DOUGLAS KOTUT**

**PHYSIOTHERAPY COUNCIL OF KENYA**

# introduction



- East African country.
- Population -45million.
- Health care both national and county governments function.
- National government-policy and management of 4 national referral hospitals.
- County governments (47) -general health care provision .

# Introduction cont'



- **Approximately 4000 physiotherapists.**
- **Different levels of education.**
- **50:50 pre Bsc (diploma) ,Bsc and above.**
- **50% registered with Kenya society of physiotherapists(KSP).**
- **Physiotherapy council of Kenya not started registration.**

# Regulatory bodies in Kenya



- Kenya medical practitioners and dentist board.
- Pharmacy and poisons board.
- Nursing council.
- Medical laboratory board.
- Nutrition and dietetics board.
- Public health council.

# cont



- **Physiotherapy council.**
- **Radiation board.**
- **Psychologist and counselors council.**

# Journey to a regulatory body



- More than 20yrs clamor by Kenyan physiotherapists.
- Change of government –improved goodwill.
- Current KSP office put much efforts to see get it established.
- Special recognition –Dr Daniel Nyamongo (president KSP).

# Reasons for a regulatory body



- **No accreditation of our medical training institution.**
- **No rule requiring continuous professional development.**
- **Mushrooming of several private clinics without licensure.**

# Cont'



- **Too many physiotherapist without practicing licenses.**
- **Influx of foreign trained physiotherapist esp.' in area of sports.**
- **No mechanism to discipline errant members.**



# Challenges in search of a regulatory body



- **Limited government support.**
- **Frequent turnover of personnel in the health ministry.**
- **Too much beurocracy in the national government, legislature.**
- **Very expensive undertaking.**

# Emerging issues



- Place of chiropractors, masseurs, acupuncturists, fitness therapists, reflexologists.
- Overlapping roles of regulatory bodies esp.’  
-in medical supplies and equipments.
- Designation regarding the different education levels.
- Regulation of physiotherapy equipments/  
technologies.