

# **Nurturing and supporting patient-centred professionalism:**

**Professional bodies' role in achieving a shift of focus in how the physiotherapy profession is regulated**

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# Focuses

## Pre-emptive activity

- To strengthen registrant engagement in patient-centred professionalism and regulatory requirements

## Collaboration

- To foster and sustain professionalism and professional engagement in the interests of public and patient care

# Particular considerations

- What does adopting a pre-emptive approach to regulation mean?
- How can we work collaboratively to achieve a more pre-emptive approach?
- What should be the benefits of a pre-emptive approach?
- What existing/emergent good practice can be shared?
- How can we measure the impact of pre-emptive approaches?

# Some definitions and concepts

Pre-emptive approaches

Patient-centred professionalism

Professional engagement

# CSP principles of professionalism

CSP members take responsibility  
for their actions

CSP members behave ethically

Patient-centred  
professionalism

CSP members deliver an effective  
service

CSP members strive to achieve  
excellence

# UK context

Mid-Staffordshire Inquiry &  
Francis report

Commissions on regulatory  
reform

Key drivers

Developments in education,  
CPD and revalidation

A focus on proportionate  
regulation

# Areas of need

## A profession that

- ***Is responsive*** to changing patient needs, models of care and roles
- ***Delivers and leads*** person-centred care (including supported patient self-management and behaviour change)
- ***Takes responsibility*** and is accountable for decisions and actions as autonomous practitioners (including in first-contact roles)
- ***Demonstrates leadership***, including to improve service quality and efficiency
- ***Questions, articulates and demonstrates*** the value and impact of their care
- ***Engages with the evidence*** and contributes to its evolution and implementation
- ***Is flexible and resilient***, able to manage uncertainty, complexity and change

# The role of professional bodies in this context

## Promoting

- **Professionalism, professional engagement and continuous learning** as integral to pre-registration education/students' preparation for professional practice and career-long professional development
- **Patient-centred professionalism and evidence-based practice** as the cornerstones of professional activity and responsibilities (at all stages/in all occupational roles)
- **Structures and processes that support and enable professional engagement** (including continuous improvement and learning) and professional accountability/responsibility for decisions and actions



# Examples of CSP activity

Developing and implementing

- *CSP Code of Professional Values & Behaviour*
- *CSP Quality Assurance Standards for Service Delivery*
- A quality enhancement approach to pre-registration education
- An outcomes-based approach to CPD
- Support for overseas-qualified physiotherapists' preparation for practice in the UK
- Sharing lessons learned
- Supportive approaches to peer-to-peer learning and networking (including via mentorship and leadership development)

## Areas in which professional bodies can support regulation in pre-emptive ways

Promoting and supporting

- Patient-centred professionalism
- CPD - including in areas that develop scope of practice/job roles and that address areas of need
- Students' preparation for future practice
- Practitioners' preparation for practice in different countries, and return to practice after a career break
- Structures and processes that underpin/enable professional engagement

## Areas for stronger collaboration between regulators and professional bodies?

- Both contributing to positive, pre-emptive approaches that minimise problems arising
- Each promoting the fundamentals of patient-centred professionalism
- Jointly seeking to ensure practice environments/ structures/processes enable the exercise of professionalism
- Each engaging in intelligence-sharing on developments relating to professional practice and regulation

# Evaluating the impact of pre-emptive approaches

## Measures of success?

- Professionalism more embedded and explicit in activity and structures (including in values-based recruitment)
- Fewer fitness to practise cases
- Professional engagement/continuous learning more evidently embedded in practice/organisational structures
- Learning more actively shared

## References

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