

# INPTRA 2017

Conference Rapporteur  
and  
The Role of Regulatory Boards



# What Brought us Here?

## What will we take Away?

- Many thanks to INPTRA for the opportunity to help fulfill the mission to...”contribute to the continuous development of leading regulatory practice.”



# What Have We Accomplished?

Two full days of sharing information

4 meals

1 reception

4 breaks (with food of course)

2 unique exercise breaks

Networking, Networking, Networking

An appreciation for what each of us can **contribute** and each of us can **learn**

“I am responsible for what I say not for what you understand.” Osho

- Many thanks to Leanne Loranger for the daily summaries.

# Governance Issues in Regulation

- Regulation developments in the UK
- Erosion of self-regulation. The Ontario Experience
- Community Perspectives in the regulation of physiotherapists.
- Physiotherapy regulation in Nepal and the Phillipines

# Regulatory Governance

- Regulatory boards are:
  - functioning in the VACA era
    - Volatility, uncertainty, complexity, ambiguity
    - do more with *less, more* efficiently
- If we don't self regulate will we lose some of our autonomy, will regulation become more over bearing?
- Regulation must be **transparent, low cost**, with the ultimate goal of **Patient Protection**

# Governance: Another look

- Community members:
  - Provide a different perspective
  - Reduce the appearance of COI and self protection
- Protecting the right to practice and the pts. Access to a competent practitioner.
  - Nepal:
  - Phillipines:
    - Both are challenged by protecting the public from “fake credentials.”

# Regulatory Governance Summation

- Seizing the next challenge
- Efficient use of the resources we have
- Balancing professional mobility with draining talent.
- Evidence based regulation





# CAFÉ Sessions

- Complaint Categorization
- Core Standards of Practice
- Single Code of Professional Conduct

# Education and Regulation

- Physiotherapy education and training: A role for regulation in facilitating innovation?
- Internationally shared entry level requirements-the challenge of addressing cultural safety
- The challenge of regulating the scope of practice of physiotherapists in Africa when multiple entry-level education co exist.

# Education and Regulation

- What's in a name? What matters degree or competence, and outcomes?
- What is the regulatory responsibility for ensuring the quality of education programmes?
- Regulatory authorities need to be proactive, regulatory changes take time.
- International cooperation: Cultural respect

# Some Questions to Consider

- Should education level be standardized?
- Is it education creep or progression?
- If we know what best practice in PT looks like...can we determine who can provide PT?
- How do we develop and ensure reflective practitioners who know what they can...and cannot do?
- How does regulation keep pace with changes in education and practice?

# Some thoughts to ponder

- Too much uniformity stifles innovation and creativity.
- Keep the focus on patient outcomes
- Start with entry level competence assurance and empower registrants/licensees self assessment ability.
- How do we make resources available to people, promote engagement reduce isolation.

# Professionalism, Policy and Practice

- Professionalism: Where ethics and regulation intersect
- When the profession evolves, how does regulation keep up?
- Nurturing and supporting patient-centered professionalism

# Key questions to consider

- Stakeholder concerns regarding professional behavior:  
Can it be regulated?
- What can regulators do to help patients understand what they should expect from their physiotherapist?
- How do regulators promote innovation and growth while ensuring public safety?
- Is regulation inconsistent with being “nimble”
- How can the professional association and regulatory bodies work together?

# Collaboration

- Between Boards
- Across “the ditch” or the pond or the continent.
- Recognize our relationship with reliance on and differences with the professional association, accrediting bodies.
- Know what we don’t know and where to find what we need to know.



# Day Two

- Did you get out last night?



# Digital Issues in Regulation

- International look at innovation and regulation: Physiotherapy via telehealth delivery.
- Advertising of regulated health services in Australia.

# Considerations

- **Telehealth** is not a scope increase it is a different mode of delivery of PT services.
  - Patient therapist relationship... must it have an in person component?
  - Balance access benefits with public protection concerns.
  - International Telehealth-the next frontier?
- **Advertising**
  - Provides consumers with ability to make an informed choice.
  - The challenge of social media: Consumer Feedback

# Data Driven Regulation

## Canada, Australia, UK

- Exploring the risks to the competence of physiotherapists.
- Using research to prevent harm before it happens.
- Risk based research opportunities
- Understanding the prevalence of fitness to practice concerns.
- Application of the research to the registrants/licensees

# Using Data to Protect

- We need to be doing more publishing in the areas of Risks and Supports.
- Risks are not indicators of incompetence or dyscompetence and supports not guarantees of competence.
- Engagement and research are welcome additions to regulatory responsibility.
- Application:  
How can we utilize all the data we collect? How to utilize.

# Using Data in Human Capital Management

- We have access to data that we can use for workforce development.
- The influence pyramid (Arbinger Institute)
- Health system not flexible and responsive enough.
- **When something is found...what are we going to do about it?**
- How do we engage our stakeholders more?

# Small Group Report Out

- Doing a lot of data collection, are we collecting the right data-now what to do with it?
  - How to help countries with nascent regulation.
- We want a product (Outcome) in two years time at INPTRA in Geneva. Start with a common category to analyze.
- Ways in which the Annual Self Report can be used.

# Where to next?

- Two energizing days...where do we go now?





# The Evolution of Regulation

- Registration
- Competence assessment
  - Credential assessment
  - Entry level examination
  - Continuing professional development
- Complaints and Discipline management
- What is next?

# Keep the Mission in Mind

- **Protection of the Public**



# The Role of the Board in Remediation

- Do we want to return practitioners to full practice?
- With **data** can we introduce preventative measures, or provide this data we have access to for others to use?
- Can clinical skills be fixed?
- Can professional behaviors be remediated?
- Is the cost worth the initial expenditure of the resources?
- Are we able to differentiate between risk from complaints vs. risk from competence?

# Punitive? Remedial?

## Focus: Public Protection

Data driven regulation

Collecting data across the international community

International conversation for the future

Accreditation-International organization in the future?

INPTRA research initiative

How do we help resource limited countries participate in this?

# Anonymous Group Think

[www. Kahoot.it](http://www.Kahoot.it)

Enter “a name Not your name choose something symbolic of your country

Enter the game pin